



Thursday
November 13, 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

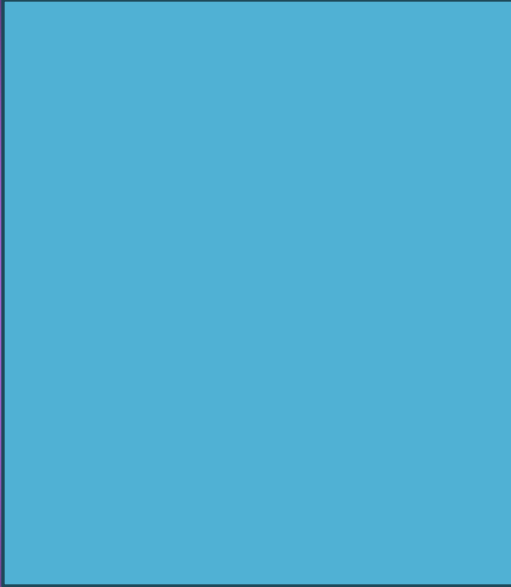


Fragrance Free

Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

STUDENT ID



**If you haven't picked up your Student Id,
please stop by the office at lunch time or
before or after school to pick it up**



BUY YOUR YEARBOOK

INFO

- Available on School Cash Online
- We sold out last year, so don't miss out!
- No extra copies will be ordered.
- You must have all school fees paid in order to pick up your book.

\$60

Buy before
December 19

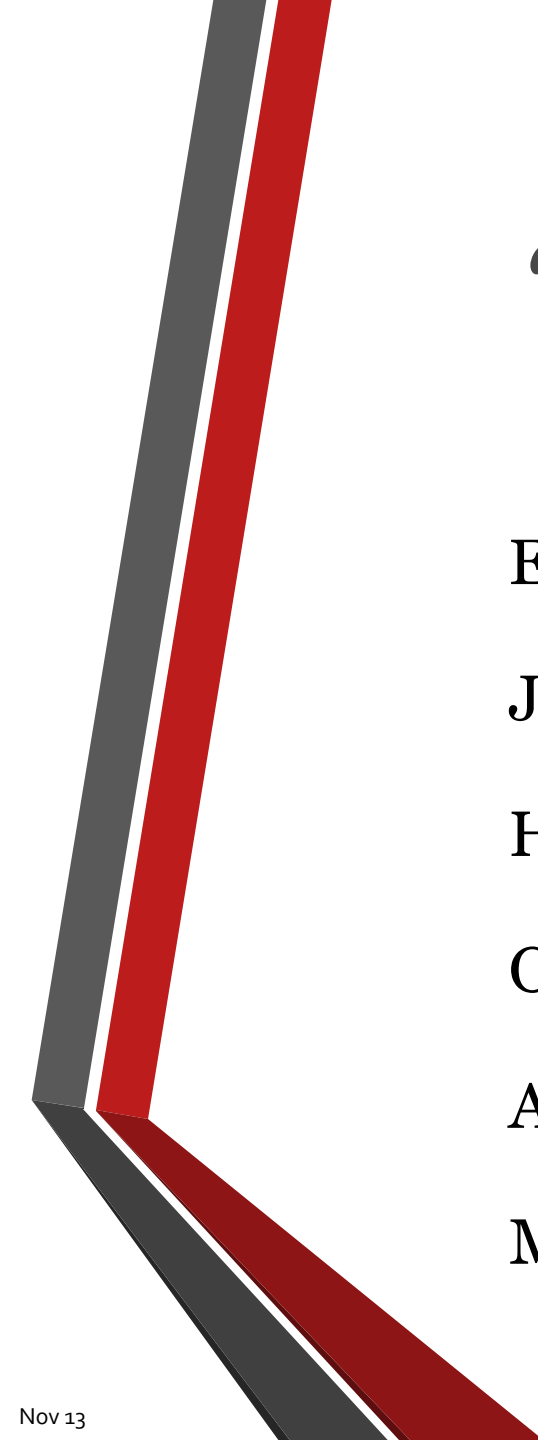


YEARBOOK NAMES

**DEADLINE
IS
NOVEMBER
14**

- Every year, the photo company sends us a list of names with the school-day portraits. Sometimes errors appear (misspellings, missing given names, etc.). We need students to confirm their names before the yearbook goes to print.
- Have your child check to see if their name is spelled correctly on the papers taped to the office doors.
- If your name is correct → no action needed.
- **If you want changes** (spelling, given name, error) → fill out the Yearbook Name Correction Form by Nov 14.
- **If your name is missing** → your portrait was not provided and will not be in the yearbook.
- Not for grad photos. Grade 12s must check spelling though – this is how your name will be printed.
- **Use your school email to submit the form.**
-  Scan the QR code or visit:
- <https://forms.office.com/r/f4aFYCA7X0>
- **?** Questions? Email Mrs. Miklossy: cmiklossy@sd43.bc.ca





*Congratulations to the
Winners of the English Department's
Fall Writing contest*

Evelyn S.	1st place: Creativity	\$50 Amazon card
Jacqueline J.	2nd Place: Creativity	\$25 Amazon card
Haley C.	1st Place: Writing	\$50 Amazon card
Olivia P.	2nd Place: Writing	\$25 Amazon card
Allen P.	1st Place: ELL	\$50 Amazon card
Moon W.	2nd place: ELL	\$25 Amazon card

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.





MATH LEAGUE CONTEST #2

Tuesday November 18th.

Open to all students – its FREE

After school in RM 232.

6 questions in 30 mins.

CLUBS



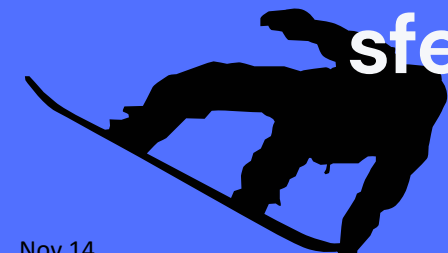


Ski and Board CLUB

Meeting: Friday, November 14th

@ lunch in Room 315

Questions → Ms. Fernando
sfernando@sd43.bc.ca



Get SENDY

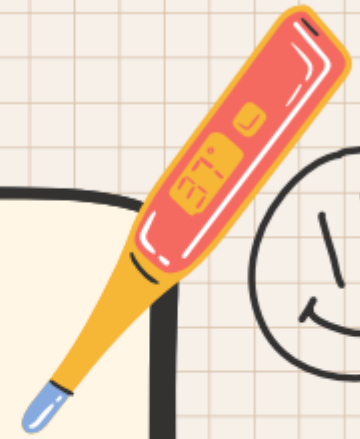


WHISTLER BLACKCOMB



HWSS **UBC** Guest Speaker Series!

Join Teams: **ipca520** or scan QR Code



- Meet inspiring UBC grad students in science
- Hear real stories about research, careers, and university life
- Friendly talks + Q&A tailored to your interests
- Your questions shape the session, share what you want to learn!



BIOS

Speakers

*Note: Detailed Information and Links are posted in the BIOS Teams Channel



Plant Biology (Botany)
Maia Palka



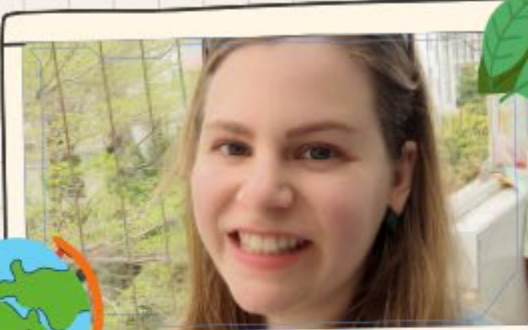
Conservation & Ecology
MJ Herrin



Aquatic Science &
Plankton
Devlin Grewal



Animal Ecology
(Zoology)
Mia Waters



Botany & Global
Teaching
Juliet Kiester



Immunology &
Microbiology
Sara Vujakovic



**FIRST OPEN TO ALL
MEETING
NEW MEMBERS
WELCOME!**

NEW MEMBER FORMS



INSTAGRAM



FRIDAY, NOVEMBER 14TH IN ROOM 104

BRING LUNCH, A FRIEND, AND A DIRECTORS MINDSET!

OVERVIEW

- **MEET THE EXECS, WHAT WE'RE ABOUT**
- **WORKSHOP 1: COMPOSITION**

PET PALS CLUB

Donation For Pets in Need

Accepting: *pet food, toys,
and blankets*

Drop off in the box beside
the office!

From Nov 10-Nov 28



KODIAK ATHLETICS



KODIAKS

Female Hockey

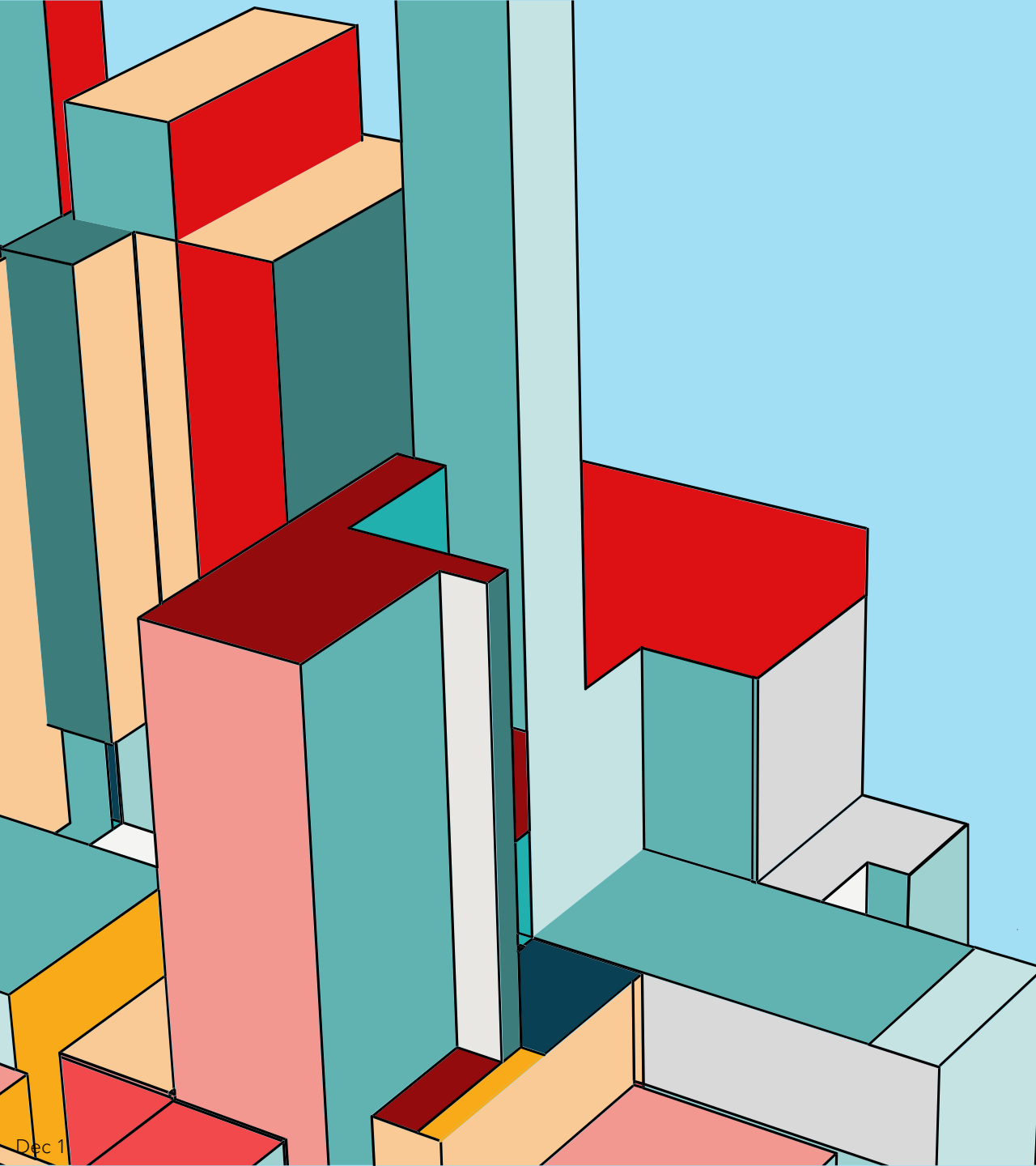
**SIGN UP & INFO MEETING FOR
THE SPRING SEASON
THURSDAY, NOVEMBER 13
12:30 IN THE MAT ROOM**



**SEE MS FRENCH IF YOU CANNOT ATTEND- WE NEED TO KNOW PLAYERS NOW
TO PREP FOR THE SEASON**

CAREER CENTER





GRADE 12 ANNOUNCEMENT

**Semester 2 Study
Block Forms**

Due December 1st

Post-secondary info sessions

- October 27 5pm Virtual
- October 29 lunch Grand Hall
- October 29 lunch Grand Hall
- November 04 FLEX Grand Hall
- November 04 lunch Grand Hall
- November 05 lunch Room 109
- November 06 3:25pm Library
- November 14 lunch Grand Hall
- November 20 5pm Virtual
- November 25 9 – 11am Grand Hall
- UBC PharmaSci Info Session
- Queen's University Info Table
- McMaster Info Table
- Western Info Table
- U Calgary Info Table
- Jr. Firefighter Academy Info Session
- Waterloo Info Session
- BCIT Engineering Info Table
- SFU Criminology Info Session
- Post-Secondary in BC Mini Fair

UBC Engineering Upcoming Events



- **UBC Engineering Virtual Program Fair** on **Friday, November 14** at 6:00 pm PT. This is the only event all year with live presentations and Q&A with each of **14 engineering** programs offered at both UBC Okanagan and Vancouver campuses. Speak with Academic Advisors at both campuses. Hear from professors and current students about what makes UBC Engineering programs stand out
- Register here: https://engineering.ubc.ca/event/2025/ubc-engineering-virtual-program-fair?utm_medium=email&utm_campaign=F25-Virtual-Program-Fair-Reminder
- **The School of Biomedical Engineering High School Open House Sat Nov 22 - 10:00 to 2:00 UBC Vancouver Campus**
- The School of Biomedical Engineering (SBME) invites students in high school, along with their families, to visit the recently opened Gordon B. Shrum Building for the SBME High School Open House.
- Registration link: https://ubc.ca1.qualtrics.com/jfe/form/SV_5jotJb0nG5DBcl6
- **Chemical and Biological Engineering High School Student Visits Sat Nov 29 - 9:00 to 4:00 UBC Vancouver Campus**
- Grade 11 and 12 students are invited to experience a day in the UBC Chemical and Biological Engineering program. This one-day event is free and includes short lectures about chemical and biological engineering, interactive workshops, and a laboratory tour.
- Registration link: https://ubc.ca1.qualtrics.com/jfe/form/SV_01HtOnNQQ44JsQC

UBC Black Student Outreach Session

- This session is a key part of UBC's commitment to supporting Black youth in their post-secondary planning. They'll be sharing information on university pathways, scholarships, and the support systems available to Black students at UBC and beyond.
- Happening Nov. 20 1 – 2:30pm at Education Learning Centre on Winslow. Students are responsible for their own transportation.
- If you are in grade 11 or 12 and identify as black, please see your counsellor or Ms. Butler for a field trip permission form.
- Completed forms must be returned to Ms. Butler no later than Nov. 17 3pm.



COMMUNITY



Winter Brunch Volunteers Needed



Friendly Forest Preschool is looking for volunteers to help with our annual Winter Brunch holiday event.

Date: Sunday November 30

Event time: 10am - 12pm

Location: Anmore Elementary School

All volunteers will receive a break with brunch included and proof of volunteer hours completed.

To sign up please send your current resume or contact information via email to:
social@friendlyforestpreschool.com



Looking for enthusiastic volunteers to help spread holiday cheer and assist with the following tasks:

Set up: tables/chairs/holiday decor

Reception: greet guests

Craft station: engage kids in creative activities

Food: help with serving, clearing plates

Cleanup: after the event



Volunteers Needed @ Community Dinners

Who? Students needing volunteer hours/ Students interested in culinary or hospitality industry

What? Help with Community Dinner (some prep, serve, set up and take down)

When? 4-7:30 PM, 3rd Wednesday every month
(next dinners are 19th Nov and 17 Dec)

Where? St. Stephen's Church (near Loughheed Mall & Cameron Rec. Centre)

- +You will be learning and helping under the guidance of a Red Seal Chef
- +You are invited to partake in the yummy community meal
- +Letters acknowledging volunteer hours and reference letters available

Email Chef Theresa Lum for more information: tmlum@hotmail.com



Help shape Port Moody's future! Join a civic committee – apply online today

The City of Port Moody's civic committees advise City Council on a wide variety of important topics and issues. Help guide decisions on arts, climate action, parks, and more.

▶ **New for 2025!** Apply for a **Youth Seat** to share your voice with City Council.



Apply at **portmoody.ca/committees** by November 12, 2025.